

Be Smart.  
Feel Smart.  
Look Smart.  
Now Take on the World.



## What Patients are Saying

"The Dr. and his assistant explained things so clearly. We felt assured and confident about our "eye situations" when we left. I highly recommend this clinic to all." - Nora K

Schedule your appointment today!

Request Appointment

## Eye Exams, Eyewear, Emergencies & Early Detection

### See Better. Feel Better. Live Better.

Lifetime Vision is just that – vision for your life. And just like life, eye care isn't always straight forward. You can get a basic eye exam and glasses or contacts just about anywhere, but for the kind of care that will help you see better, make your eyes feel better and possibly identify other serious medical conditions that impact your life, come to Lifetime Vision.

Contact Us Today!

FUN FACTS

### DID YOU KNOW?

#### Eye Fun Facts

What's the fastest muscle in your body? Answer: a blink. It's where the expression "in the blink of an eye" comes from...

Dr. Jeff Yunker

July 1, 2017

PRESBYOPIA



#### Future looks bright for treating Presbyopia

Did you know 120 million people have trouble seeing near (Presbyopia). When you reach your 40's and beyond you may have noticed your eyes

Dr. Jeff Yunker

June 26, 2017

## Events

October 17-31, 2017 – Anniversary Sale! Half off ALL frames with non-glare lens purchase. 20% off non Rx frames.

## Did You Know?



Each eye contains 107 Million light-sensitive cells.



Note to Self:  
Get the Gold Standard  
in Eye Care



Schedule your appointment today!

Request Appointment

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## Medical Care for Your Eyes

### Our High-Tech Exams Find More than Vision Problems

Get glasses and contacts from a medical provider that gives you so much more than glasses and contacts. We routinely check blood pressures and perform 16 diagnostic tests that often reveal serious medical conditions beyond eye health, including multiple sclerosis, diabetes, hypertension, tumors and STD's.

At Lifetime Vision, our top priority is taking care of your eyes, your vision and your health. We offer a full-service optometry practice with up to date, state-of-the-art equipment.

Our next priority, if you need vision correction, is making sure your glasses and contact lenses make you look and feel great.

### Advanced Care

It starts with a deep knowledge of eye care and years of experience putting it into action to improve vision and eye health.

Our physicians and staff members have decades of expertise in eye care, early diagnosis, treatment and management. We work with patients in the most modern facility in the area using state-of-the-art computer and diagnostic equipment and instrumentation. We pull it all together to detect, treat and manage any eye issues you might have, from cataracts to glaucoma to retinal issues.

Technology advancements continue to expand the options for vision correction, treatment and management. We're serious about making sure we're up to date with all the latest processes, procedures and treatments.



Schedule your appointment today!

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[Home](#) | [Services](#) | Eye Exams

## Eye Exams that Give Us – and You – the Full Picture

### Computerized Visual Analysis for Comprehensive Diagnoses

Whether you need an annual checkup or an explanation for sore, dry, itchy eyes, we can help. Lifetime Vision provides the most comprehensive eye exams you'll ever experience, and with less discomfort than you're used to.

Our optometrists use computerized visual analysis to provide more thorough exams that result in better diagnoses and more effective treatments.

#### Lifetime Vision provides:

- Vision analysis for prescription [eyewear](#) or [contact lenses](#)
- Disease detection at the earliest possible stages, thanks to our experienced [optometrists](#), advanced [technologies](#) and equipment.

#### To determine the health of your eyes, your examination will include:

- Retinal evaluations for diabetes, hypertension and macular degeneration
- Visual fields to detect glaucoma or brain tumors and other medical conditions
- Automatic computer refractions to help determine your exact prescription
- Corneal topography analysis for contact lenses and laser vision surgery
- Comprehensive patient eye history
- Prescription for distance, intermediate and near vision
- External eye health examination
- Internal eye health examination



We Take the Mystery  
Out of Eye Diseases

Schedule your appointment today!

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## Eye Diseases, Early Detection & Effective Care

### Treatment for Glaucoma, Cataracts, Macular Degeneration & More

Eye diseases have a fast and formidable foe in Lifetime Vision.

Lifetime Vision diagnoses and recommends the best treatment options for cataracts, macular degeneration, glaucoma, dry eye and a host of other eye issues with the most current technology available.

Our goals are to detect eye problems early, precisely define their nature and recommend the best care possible.

You can't diagnose an eye disease by looking in the mirror because, even if you have one, your eyes will usually look and feel normal. Sometimes, as in the case of glaucoma, your vision might be normal despite the presence of potentially blinding eye conditions.

Remember, only a thorough retinal examination can detect these problems. Getting a regular, comprehensive eye exam is the best protection against their progression.



Schedule your appointment today!

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[Home](#) | Technology

## State-of-the-Art Eye Care Technologies & Equipment

### Clearly Better Tools for Clearly Better Vision

We are primary eye-care practitioners who provide comprehensive eye examinations for people from ages 1 to 101. We're proud to have state-of-the-art technologies and computer-assisted equipment that helps us not only obtain the best prescription for your eyeglasses and contacts, but also to diagnose sometimes unseen eye conditions as early as possible.

Each of us is a unique individual with distinct needs, and most of us use our eyes during every waking moment. Some of us spend a good portion of our day in front of a computer, others on the road and still others work under bright, fluorescent lights. We work hard and play hard, whether we're indoors or out.

Regardless of your situation, we have the technologies and equipment that allow us to always recommend the best solution for you. Our featured technologies include:

- Digital Retinal Imaging – wide field and stereo
- High Definition (HD) Auto Refractors
- Digital Corneal Topography
- Frequency Doubling Computerized Visual Fields
- Dry-Eye Technology including [Tearlab](#), [LipiView™](#) and revolutionary patented Lipiflow® ([www.dryeyeandmgd.com](http://www.dryeyeandmgd.com)) technology



Individual Styles  
For Every  
Individual's Style

Schedule your appointment today!

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## The Area's Largest Selection of Fine Eyewear

### We Offer Unique Frames You Won't Find at Big Box Stores

Your eyewear helps you best see the world and gives the world one of the best views of you. At Lifetime Vision, we have the finest selection of fashion glasses from today's top designers. From subtle and sophisticated to trendy and bold, we have what you've been looking for!

#### Frames and Lenses

- Youth
- Provides proactive care.
- Sports and recreation
- Occupational safety
- Scratch-resistant, UV, anti-reflective coating
- Prescription and non-Rx sunglasses with a variety of tints and polarization
- Outside prescriptions welcome
- Area's best warranty covers frame and lens breakage and scratches for up to two years

Our optical staff members have more than 50 years of combined experience. We have more than 1,400 frames to choose from, and they'll help you select the perfect pair for your style.

Lifetime Vision uses premium ophthalmic lenses, including Hoya digital progressive multifocal lenses and EX-3 anti-reflective coatings – the best in



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## Dry Eye Disease Diagnosis and Treatment

### The Best Place for Your Tears is Right Here

Dry eyes can make your life miserable. For some people, they're the result of temporary issues like seasonal allergies or environmental conditions in their homes. But for others, the gritty, painful, always-dehydrated feeling is an all-day-every-day way of life.

If that describes your eyes, you might have dry eye disease or chronic dry eye syndrome. Other symptoms can include feeling like there's something in your eye, redness, blurred vision, and sensitivity to light or wind.

The good news is we can help.

[Dr. Jeff Yunker](#) founded the Grand Forks region's first certified Dry Eye Clinic within Lifetime Vision in 2015, and is the only one in the area. Our clinic is certified by the Food and Drug Administration under the [Clinical Laboratory Improvement Amendments](#) (CLIA). It also is a [Tearlab-accredited](#) dry eye clinic.

Jeff leads a team of optometrists that uses the most advanced technologies and equipment to detect and diagnose dry eye disease. We'll analyze, assess and treat your dry eye based on science, not guesswork. To put it another way, your tear layer will improve and your eyes will feel healthy again.

### What Is Dry Eye Disease?

Dry eyes can make your life miserable. For some people, they're the



## Dry Eye Evaluation

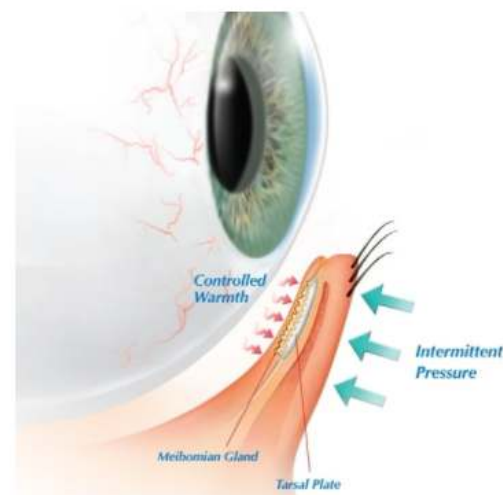
The Lifetime Vision team will:

- Analyze and review your current medications for any that might exacerbate dry eye.
- Measure lipid and tear layer thickness and blink pattern.
- Perform osmolarity testing, which is an evaluation of your tear layer to measure inflammation.
- Perform non-invasive electronic measurement of tear breakup time (i.e., how long does it take after you blink for tears to evaporate?)
- Use infrared photography on the insides of your eyelids to measure Meibomian gland dropout and dilation. We'll use the Oculus 5M [Keratograph](#) and the [LipiView™](#) to document your glands.
- Use a special dye to detect dead cells on the cornea surface caused by chronic dryness and perform a detailed analysis of the eyelid function.

## Lipiflow Patented Dry Eye Treatment

We will customize your dry eye treatment based on scientific diagnostic test results. Your plan could incorporate up to 16 different treatment modalities, including anti-inflammatory drugs, drops, supplements, moist heat and LipiFlow® ([www.dryeyeandmgd.com](http://www.dryeyeandmgd.com)) patented technology.

LipiFlow is a procedure designed to treat blocked Meibomian glands ([www.dryeyeandmgd.com](http://www.dryeyeandmgd.com)). It works by applying directed energy to the eyelid near the affected glands, with precisely targeted warmth from the back of the eyelid and slight pressure from the front. This treatment, performed right in our office, can unblock glands, interrupt physical deterioration and, in most cases, provide symptom relief.



See The World Through Our Eyes

State-of-the-art equipment. World class tests.  
Amazing results.



### CONTACT INFO

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- reception@lvctr.com
- 2900 South Columbia Road  
Grand Forks, North Dakota 58201

### SCHEDULE AN APPOINTMENT TODAY!

[Request Appointment](#)

Appointments are easy with our patient communication system. By email, text or voice message we can remind you about your appointments!