



You

Have the Power



We

Can Help

Alcohol and Drug Addiction Outreach Programs and Services
Teens and Young Adults



Center for Success

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here is a different and better way for many teens and young adults to overcome addiction and live healthier, happier and more productive lives. We call it the power of the positive.

The Real Center for Success: You

Every individual is just that, an individual. Each one of us has a unique history, different influencers and a singular life experience. And each of us has different reasons for wanting to change.

The Power of the Positive



The Center for Success focuses on the positive through an emphasis on self esteem and self actualization. As one of our clients, you will learn how to recognize and harness your own strengths so you can take control of your life, free from dependency on alcohol or other drugs. You'll learn how to live independently, how to build and maintain healthy relationships, how to handle challenging social situations and how to take responsibility for yourself and your actions. Through it all you'll learn that you are unique, you are valuable and you deserve respect.

There are few guarantees in life, but we'll give you this one – your experience at Center for Success will be unlike any other.

You have the power. We can help.

When it comes to living with an alcohol or drug addiction, one size doesn't fit all. Since each person brings a different set of issues to the table, we don't try to cram our clients into a preconceived treatment or life-skills box. Instead, the Center for Success develops an individualized program that will help you take and maintain control of your life. For everyone, respect and true caring are the common denominators.

Rather than focusing on the addiction, we focus on you. And we mean every aspect of your life – behavioral, emotional, mental, physical and spiritual – as well as those things and people that influence it. Through this caring, nonjudgmental and “whole-person” approach, we'll help you recognize where you are in life, where you've been, how you got there and what to do differently.



As you get into your program, we'll help you discover and capitalize on your strengths and abilities by understanding and respecting your unique way of learning about, participating in and responding to the world. We'll help your family and other members of your support network understand and respect your world view, as well. And along the way, we'll help you develop the tools and skills you need to make good choices and take positive actions, today and into your new future.

Here, you are the center for your own success. Our job is to help you make it possible.



Making Success Possible

Here's what you need to bring to the process:

- **Openness**
- **Desire to change**
- **Willingness to accept both the positive and negative truths about yourself**
- **Willingness to take responsibility for yourself and your actions**
- **Willingness to work hard for yourself**
- **Determination to succeed**



Support

We know from experience that support is crucial in recovery, whether it's from your family, friends or others who have had similar experiences. Whenever possible, we incorporate an intensive family and friend education element into individual treatment. As members of your support network learn about chemical dependency and co-dependency, they'll also be learning about you. The experience will help them understand how you relate to them and to the world so they can support you in positive ways.



Parents & Guardians

If you're reading this, there is a teen or young adult in your life who you believe needs help. You are probably struggling with a complex mixture of thoughts, feelings and emotions like guilt, responsibility, exhaustion, frustration and deep caring. All of that is OK. The fact is, if you think they need help, they probably do. And the good news is we're here to help your family make positive changes.

Talk To Us

Center for Success is different. Our programs, staff and facilities provide an experience unlike any you've had before. And for those who are dedicated to success, it is better and more effective.

So when you're ready for a more positive approach, when you're ready to find the power within yourself, when you're ready to lead a healthier, happier and more productive life without alcohol or drugs, talk to us.

701-665-2140 • CFS@CFSuccess.org

Center for Success
1820 Walnut Street East, Suite #7
Devils Lake, ND 58301
www.CFSuccess.org



Outreach Services

Since we tailor every program to the individual, it's impossible to outline exactly what your treatment will include. Our professionals will put together the best combination of the following for your situation:

- **Group education and therapy for clients and support network members**
- **One-on-one client and support network education and therapy**
- **Peer group sessions**
- **Experiential and hands-on learning**
- **Collaborative problem solving sessions**
- **Wellness training**
- **Occupational therapy**
- **Mental health care**
- **Medical care**

Intensive Outpatient Treatment

For people we believe can succeed with intermittent but regular oversight, guidance and support.

Day Treatment

Designed for clients who need more intensive treatment in a more structured environment.

Continuing Care

Provides people who have completed inpatient or outpatient addiction programs a range of touch points and assistance based on each individual's needs. Frequency is determined on a person-by-person basis.

Court-Ordered Screenings & Seminars

Screenings and seminars for people who are required by law to complete a formal alcohol- or drug-addiction evaluation or seminar.

Interventions

Organizing and mediating family and friend interventions with people who are having problems.

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Center for Success provides transitional living services for teens/young adults who have completed an alcohol or drug addiction treatment program, as well as outpatient services for clients of any age.

Our programs are built on years of experience in helping people move beyond their addictions in positive, empowering ways. We are a not-for-profit licensed by the North Dakota Department of Human Services, and our team of professionals includes addiction counselors, psychologists, psychiatrists, nurses, medical doctors and spiritual leaders.



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